

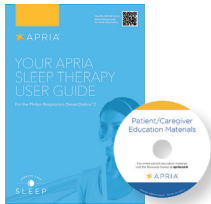


# YOUR APRIA SLEEP THERAPY QUICK START GUIDE

For the Philips Respironics DreamStation® 2



Use this QR link to our Sleep Apnea page for more information.



## GET STARTED.

Reference your *Apria Sleep Therapy User Guide* for more details.

1

Attach the power cord to the PAP machine.

See User Guide page 4



4

Reattach the water tank to the PAP machine.

See User Guide page 4



2

Remove the water tank from the PAP machine.

See User Guide page 4



5

Connect tubing to the PAP machine.

See User Guide page 4



3

Remove the lid and fill tank with water.

See User Guide page 4



6

Press the Therapy button to start.

See User Guide page 4



7

**Fit your mask. If your doctor prescribed a specific mask and size, follow the fitting instructions provided by the manufacturer. If you received a mask with multiple cushions, follow these instructions:**

There is a mask cushion currently attached to the frame of your mask. This size fits most patients. Once you begin therapy, if your mask is leaking or feels uncomfortable, try removing the existing cushion and replacing it with a different size cushion. If you are between sizes, it is best to use the larger cushion. Use the Fitting Template (for nasal mask and full face mask) and/or the manufacturer's instructions included with your mask for help.

**See User Guide pages 5-8**



Nasal Mask



Nasal Pillow Mask



Full Face Mask

8

**Put on your mask.**

**See User Guide pages 5-8**

9

**Attach the tubing to the PAP machine.**

**See User Guide pages 9-10**

10

**Attach the tubing to your mask.**

(If using prescribed oxygen, consult pages 9 and 10 in your *APRIA SLEEP THERAPY USER GUIDE*.)

**See User Guide page 9**



11

**Lie down and take four deep breaths.**

The machine should start automatically. If you do not hear the machine start, press the **Therapy** button on top of the machine. Relax and begin to take slow breaths through your nose.

**See User Guide page 11**

12

**Check for air leaks.**

Small leaks are acceptable. If large leaks occur, consult your *APRIA SLEEP THERAPY USER GUIDE*.

**See User Guide pages 11-12**

13

**Your setup is complete.**

**You are now ready to begin your PAP therapy!**

**See User Guide page 13**

14

**Make sure to follow the cleaning and maintenance instructions provided and review the recommended supply replacement schedule.**

**See User Guide pages 14-20**



If you have any questions or need help setting up your device and getting started, please call a member of Apria's Sleep Expert team.

Dial the number below and select option 4.

**877.265.2426**

**Monday through Friday: 8 a.m. – 10 p.m. EST**

**Saturday and Sunday: 11 a.m. – 7:30 p.m. EST**